

## James Niederland

---

**From:** Karen Schmidt [dancer0116@optonline.net]  
**Sent:** Saturday, November 18, 2006 10:02 AM  
**To:** dancer0116@optonline.net  
**Subject:** Oil Frequencies

It is wonderful to discover that essential oil frequencies are several times greater than frequencies of herbs and foods. For years, research has been conducted on the use of electrical energy to reverse disease. Scientists in the field of natural healing have believed there has to be a more natural way to increase the body's electrical frequency. This led to the research and subsequent discovery of electrical frequencies in essential oils. Patients felt better emotionally when oils were diffused in their rooms. It seemed that, within seconds, these patients were more calm and less anxious with little exposure and inhalation. Certain oils acted within 1-3 minutes; others acted within seconds.

It is fascinating to think that an oil applied to the bottom of the feet could travel to the head and take effect within one minute. The more results that that have been seen, the more research has been initiated. *Unhealthy Substances Cause Frequency Changes.* In one test, the frequency of two individuals - the first a 26 year old male and the second a 24 year old male - was measured at 66 MHz each. The first individual held a cup of coffee (without drinking any), and his frequency dropped to 58 MHz in 3 seconds. He put the coffee down and inhaled an aroma of essential oils. Within 21 seconds, his frequency had returned to 66 MHz. The second individual took a sip of coffee and his frequency dropped to 52 MHz in the same 3 seconds.

However, no essential oils were used during the recovery time, and it took 3 days for his frequency to return to its initial 66 MHz. One surprising aspect of this study measured the influence that thoughts have on the body's electrical frequency. Negative thoughts lowered the measured frequency by 12 MHz and positive thoughts raised the measured frequency by 10 MHz. It was also found that prayer and meditation increased the measured frequency levels by 15 MHz.

Abundance 78 MHz  
Acceptance 102 MHz  
Aroma Life 84 MHz  
Aroma Siez 64 MHz  
Awaken 89 MHz  
Brain Power 78 MHz  
Christmas Spirit 104 MHz  
Citrus Fresh 90 MHz  
Clarity 101 MHz  
Di-Tone 102 MHz  
Dragon Time 72 MHz  
Dream Catcher 98 MHz  
EndoFlex 138 MHz  
En-R-Gee 106 MHz  
Envision 90 MHz  
Exodus II 180 MHz  
Forgiveness 192 MHz  
Gathering 99 MHz  
Gentle Baby 152 MHz  
Grounding 140 MHz  
Harmony 101 MHz  
Hope 98 MHz

Humility 88 MHz  
Immupower 89 MHz  
Inner Child 98 MHz  
Inspiration 141 MHz  
Into the Future 88 MHz  
Joy 188 MHz  
Juva Flex 82 MHz  
Magnify /Purpose 99 MHz  
Melrose 48 MHz  
Mister 147 MHz  
Motivation 103 MHz  
M-Grain 72 MHz  
PanAway 112 MHz  
Passion, Live w/ 89 MHz  
Peace & Calming 105 MHz  
Present Time 98 MHz  
Purification 46 MHz  
Raven 70 MHz  
R.C. 75 MHz  
Release 102 MHz  
Relieve It 56 MHz  
Sacred Mt. 176 MHz  
SARA 102 MHz  
Sensation 88 MHz  
Surrender 98 MHz  
Thieves 150 MHz  
3Wise Men 72 MHz  
Trauma Life 92 MHz  
Valor 47 MHz  
White Angelica 89 MHz

## FREQUENCY AND HOW IT PERTAINS TO ESSENTIAL OILS

Frequency and Distillation